



# Crestwood Valley Day Camp

## Counsellor In Training Programme (C.I.T.)

- ✦ For Grade 9 Graduates
- ✦ Team Building Activities
- ✦ Learn to build a skills foundation and a leadership presence
- ✦ Learn to lead by example
- ✦ Learn to create goals, measure one's advancement and evaluate one's effort
- ✦ Plan and execute special programmes including a camp carnival
- ✦ Receive daily feedback, reinforcement and encouragement
- ✦ Cabin and/or activity placements
- ✦ Group out-trip
- ✦ A variety of speakers and motivational training sessions
- ✦ C.I.T.s learn how to be a counsellor by working with mentor counsellors
- ✦ C.I.T.s learn a variety of teaching skills in our wonderful camp setting
- ✦ Successful C.I.T. candidates are eligible for future summer employment
- ✦ Candidates receive an official Crestwood certificate upon completion of this programme
- ✦ Candidates are eligible to receive up to 70 volunteer hours

[www.CrestwoodCamp.com](http://www.CrestwoodCamp.com)

